

Yunnan Parents & Children

Summer Family Fun | 6N/7D





When designing Songtsam family travel products, our priority focuses on how travel can bring meaning and positive learning experiences for a child's development and growth. Songtsam's family tours give children and parents the opportunity to explore as one, and together, gain valuable experiences and different perspectives of the world through nature, local diversity, and Tibetan culture. It is also our wish for parents to be able to bond closer and build on their relationships with their children; to show and share with each other the importance of family, culture, nature, and the power of new experiences.



Together with our housekeeper, go out and identify vegetables growing in our own garden. Pick fresh ingredients, wash, and prepare before cooking over a handmade wood fire in nature. Children make plant specimens to know more about the unique plants and flowers of the area and to understand the beauty of nature. Venture freely into the mountain forests to forage for wild mushrooms under the guidance of our guides. Get creative and gain hands on experience with a pottery master to learn how to make traditional Nixi black pottery. Feel a sense of open space, freedom, and fresh air as you explore the surrounding paths around Songtsam lodges and enter tranquil village life.



## Arrival

Pick-up from Lijiang Sanyi International Airport and check into Songtsam Linka Lijiang.

Welcome dinner at the hotel.



#### Soothe close to nature

After breakfast take part in a children's Plant Magic workshop in a traditional century-old Naxi courtyard at the foot of Wenbi Mountain. Understand the basics of plant ecology and make your own natural handmade soap using local ingredients.

Lunch at the hotel.

In the afternoon depart for Tacheng stopping off at the First Bend of the Yangtze River and passing by Shigu Village on the way. Continue to enjoy idyllic scenery and the Naxi people along the Yangtze River Valley.

Arrive in Tacheng and check into Songtsam Lodge Tacheng.

Dinner at the lodge.



# Return to the countryside

After breakfast head out on a picnic adventure.

Pick fresh vegetables from the vegetable garden, and take a stroll along the valley stream nearby, where you can encounter a variety of wild fungi.

You and your children will work together to make a fire, wash vegetables, cook, and finally enjoy a natural delicious picnic lunch together in nature.

Return to the lodge to enjoy afternoon tea and the children can make their own Herbarium identification book. Picking various plants and flowers from the garden, they can learn about the different flora of the area.

Dinner at the lodge.



# Together with wildlife

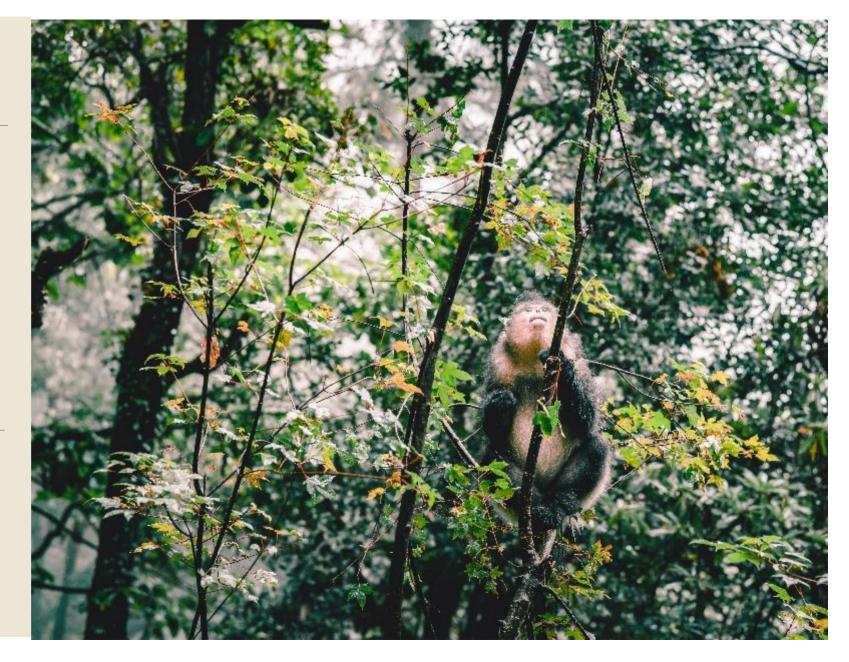
After breakfast visit the Yunnan Golden Monkey National Park. The Xianggujing Forest is a natural paradise for the protection of rare animals and the endangered Yunnan snubnosed monkey, totally less than 3000 animals. They usually feed on lichen found on trees or bamboo leaves and other more seasonal plants.

For lunch visit a local restaurant to taste the area's famous Nixi chicken hotpot.

In the afternoon depart for Benzilan, arrive and check into Songtsam Lodge Benzilan.

Enjoy afternoon tea outside in the courtyard.

Dinner at the lodge.



### Listen to the secrets of the forest

After breakfast go on leisurely hike through Niding Forest, which is a beautiful primeval forest filled with towering Yunnan and Huashan pine trees and an abundance of peonies, azaleas and irises.

Mushroom season happens during the summer, where you will be able to find and pick matsutake and porcini mushrooms.

Enjoy a picnic in the forest for lunch.

In the afternoon depart for Shangri-La. Stop off at Napa Lake on the way, which is both an ideal field for herdsmen and a paradise for many species of birds. This area is also a grazing ground for yaks, pigs, horses, and for farmers to hang their barley and turnips to dry.

Check into Songtsam Linka Shangri-La.

Dinner at the hotel.



# Find wisdom in the murals

After breakfast visit Songzanlin Monastery to learn about the murals inside that have been circulating for thousands of years. The profound truth and the wisdom of the ancestors' lives can be found here and the education of children's enlightenment in the Tibetan area comes from these murals.

Lunch at the hotel.

In the afternoon take part in a Thangka painting workshop to learn and understand the craftsmanship and techniques needed to make the delicate and intricate Tibetan Buddhist art.

In the evening, visit with a local family and their children to taste authentic yak hotpot and local delicacies in their home. Learn about village life, try on local attire, and listen and dance to traditional Tibetan music for your final night in Shambhala.





# Departure

After breakfast transfer to Diqing Shangri-La Airport.







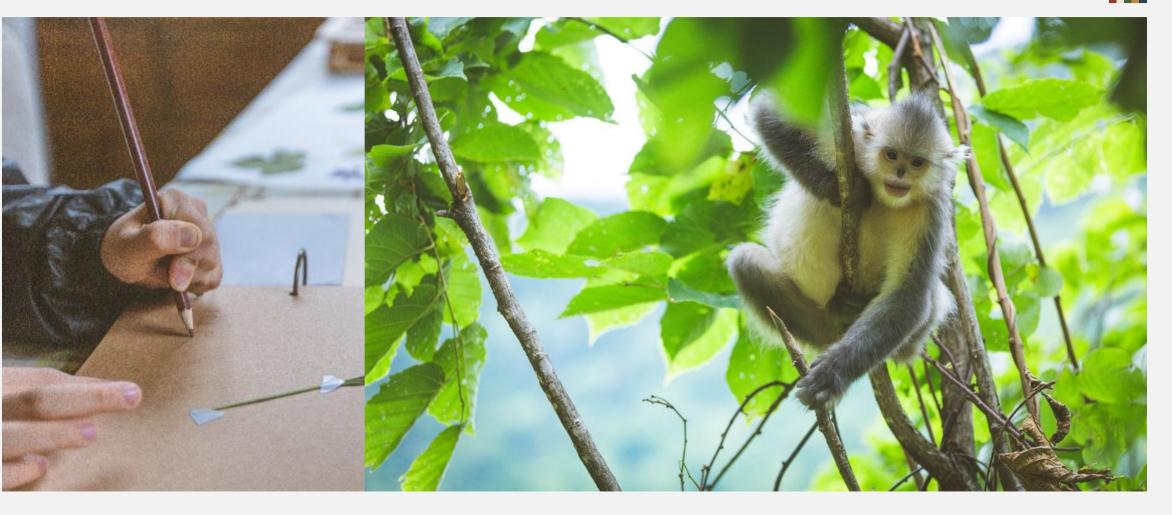


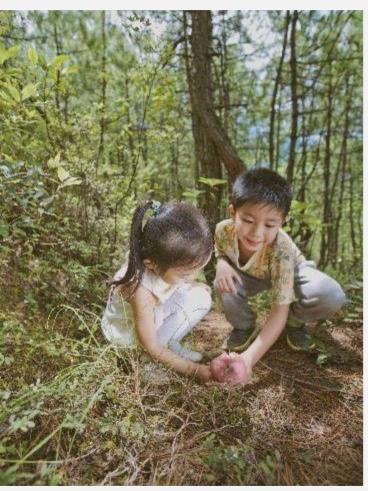
Plant Magic Workshop





Vegetable Garden Picking







Mushroom Hunting Niding Forest









Tibetan Thangka Painting





Tibetan Family Visit





Songtsam Linka Lijiang



Songtsam Lodge Tacheng





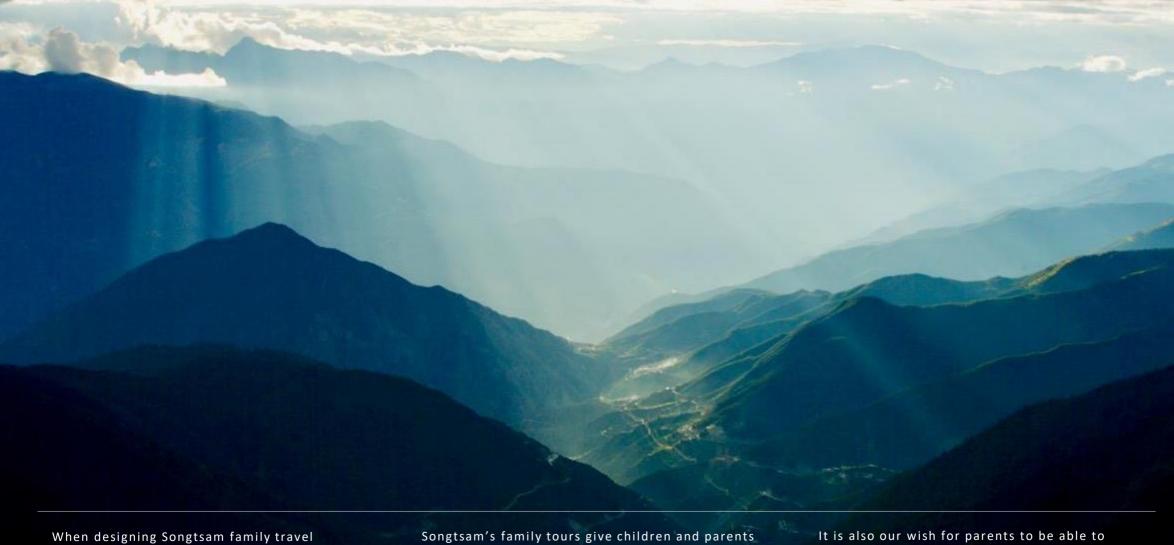




Songtsam Linka Shangri-La







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# Itinerary Overview

Day	Destination	Schedule	
D1	Lijiang 2,400m	Pick-up from Lijiang Sanyi International Airport and check into Songtsam Linka Lijiang. Welcome dinner at the hotel.	
D2	Tacheng 2,020m	After breakfast take part in a children's Plant Magic workshop in a traditional century-old Naxi courtyard. Lunch at the hotel. In the afternoon depart for Tacheng stopping off at the First Bend of the Yangtze River and passing by Shigu Village on the way. Arrive in Tacheng and check into Songtsam Lodge Tacheng. Dinner at the lodge.	
D3	Tacheng 2,020m	After breakfast head out on a picnic adventure. You and your children will work together to make a fire, wash vegetables, cook, and finally enjoy a natural delicious picnic lunch together in nature. Return to the lodge to enjoy afternoon tea and the children can make their own Herbarium identification book. Dinner at the lodge.	
D4	Benzilan 1,900m	After breakfast visit the Yunnan Golden Monkey National Park. For lunch visit a local restaurant to taste the area's famous Nixi chicken hotpot. In the afternoon depart for Benzilan, arrive and check into Songtsam Lodge Benzilan. Enjoy afternoon tea outside in the courtyard. Dinner at the lodge.	



Day	Destination	Schedule
D5	Shangri-La 3,280m	After breakfast go on leisurely hike through Niding Forest. For lunch enjoy a picnic in the forest. In the afternoon depart for Shangri-La. Stop off at Napa Lake on the way, which is both an ideal field for herdsmen and a paradise for many species of birds. Check into Songtsam Linka Shangri-La. Dinner at the hotel.
D6	Shangri-La 3,280m	After breakfast visit Songzanlin Monastery to learn about the murals inside that have been circulating for thousands of years. Lunch at the hotel. In the afternoon, take part in a Thangka painting workshop to learn and understand the craftsmanship and techniques needed to make the delicate and intricate Tibetan Buddhist art. In the evening, visit with a local family and their children to taste authentic yak hotpot and local delicacies in their home for your final night in Shambhala.
D7	Departure	After breakfast transfer to Diqing Shangri-La Airport.



### **Travel Route**

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Product highlights: Songtsam's family tours give children and parents the opportunity to explore as one, and together, gain valuable experiences and different perspectives of the world through nature, local diversity, and Tibetan culture.

## Family Group Price List

Туре	Family Price	The 3rd/4th Child Price within the same room
2 adults + 1 child (2-11 years old)	CNY 30,500	2-11 years old: CNY 3,520/person 12 years old and above: CNY 5,980 /person
1 adult + 1 child (2-11 years old)	CNY 24,700	

#### Product & price applicable time:

Summer 2020

#### Additional notes:

The family group is limited to 2 groups of families and the maximum is not more than 4 groups of families.

# Songtsam Map



# Songtsam Travel Service Quality Guarantee

#### Boutique Experiences

Songtsam is a luxury boutique hotel group in Tibet and Yunnan province in China who go beyond mere accommodation by preserving a unique spiritual connotation. Songtsam Travel, a sub-brand of the Songtsam Group, have gone onto create the finest tour experiences of the region and have proven to far exceed travellers' expectations.

#### Travel Butlers

Our well-trained local guides are specialists on Tibet and the local region and will travel with you throughout the trip. All originating from different villages and areas, all Songtsam guides have stories to share about their hometowns, which provides deeper travel experiences for all guests to understand the local culture and geography.

#### Transportation

Songtsam's vehicles are mainly off-road vehicles and commercial vehicles that are independently operated and used. Not only are all vehicles suitable for road conditions in areas of Tibet, but also have sufficient seating space. The drivers of the convoy all have more than 10 years experience and have a deep knowledge of driving on Tibetan roads, which can guarantee travel safety.



## Songtsam Social Responsibility



Buildings that Breathe

Using local materials, adapting to the local conditions, complying with nature, and living in harmony are Songtsam's architectural design philosophies. Songtsam builds lodges in original ecological villages within their natural surroundings



Reverence for Nature

Songtsam Tours reflects the protection of the environment and takes travellers on a journey to explore these natural landscapes and ecologically rich areas.



Community Building

Songtsam believes in sustainability and giving back to the community. This is why every year we commit to giving a considerable amount of hotel revenues and share it amongst the local people in the villages where Songtsam is located.



Keeping Tradition Alive

Songtsam cooperates with leading manual labor workshops owned by inheritors of the region's intangible cultural heritage, such as the carved lacquer workshop in Benzilan and the black pottery workshop in Nixi village.

